

# The Master Empath:

## Glossary

**Advanced Empath Merge.** Ultra-sophisticated techniques for depth exploration of Otherness... while the empath remains protected and balanced as a person.

**Automatic Sequencing.** What an empath does when alone. Thoughts, speech, and action based on personal preferences.

**Chakra Databank.** A tube of energy with info about a particular aspect of human life, such as “The Root Chakra Databank for Physical Self-Awareness.” Each chakra databank informs you about what is happening within a person’s energy field and subconscious mind, current information concerning that particular aspect of life. A Sanskrit term for chakra databanks is “The nadis.”

**Chakra.** (Also see Chakra Databank.) Auras contain information about a person. Each chakra is a location within someone’s aura where information is especially concentrated. Different types of information are available, depending on the specialties of that particular chakra.

**Collective Consciousness.** The spiritual evolution of humanity, where every born empath plays a role.

**Compromised Sequencing.** A side effect of unskilled empath merges. An empath’s natural automatic sequencing is disrupted. Consequently behavioral effectiveness can be compromised and, subjectively, the empath may feel less confident.

**Discovery Image.** A well-chosen photograph or a still shot from a video or electronic device, chosen because it is suitable for Remote Empath Merge.

**Discovery Person.** The person at the other end of your Skilled Empath Merge. Depending upon an empath’s particular set of gifts, the technique being used for Skilled Empath Merge, and the person being explored, a Discovery Person might be a friend, a stranger, that stranger’s poodle, a slab of malachite, a daisy, the forest where the empath is walking, even that empath’s latest indispensable electronic device.

**Empath Gifts.** See Chapters 11-25 in The Empowered Empath.

**Empath Merge.** (See Skilled Empath Merge, Unskilled Empath Merge.)

**Empath Slippage.** A problem that is best recognized after going through Steps 1, 2, and 3 of this Program for Empath Empowerment. While an empath is developing the habit of living with

empath gifts OFF, there can be an occasional slip-up. Empath Slippage involves very personal ways that an empath is reminded the slip-up has just happened, resulting in new Imported STUFF.

**Empath Street Smarts.** Commonsense ways an empath stays protected yourself doing Skilled Empath Merges, such as intelligent choice of the Discovery Person.

**Empath.** Someone born with at least one significant gift for directly experiencing what it is like to be another person. Many different empath gifts are possible, but the process of developing empath skill is identical whether that empath was born with one gift or many.

**Energetic Literacy.** Delving into deeper perception, based on experience of another person in the present. A form of literacy, like Gutenberg literacy for reading a book, only this literacy is about energy. Energetic literacy includes techniques for aura reading and (for those born as empaths) Skilled Empath Merge. Energetic literacy is different from doing psychic readings.

**Enlightenment.** In a spiritual context, the highest ideal of personal development.

**Extra-Effective Sequencing.** (Also see Sequencing.) An behavioral advantage, available to skilled empaths only, when dealing with other people. A clever timing for Skilled Empath Merge that spontaneously helps the empath to activate other skills sets, as appropriate.

**Golden Preparation Process.** A specific sequence of techniques to position awareness, and provide protection, for Skilled Empath Merge.

**Imported STUFF.** The inevitable consequence of unskilled empath merge. Astral-level debris, belonging to somebody else, becomes part of the empath's energy field.

**Official Technique Time.** An essential time management skill for every born empath. Plug in. To plug in with consciousness means to actively make contact with someone's energy field while doing a technique for energetic literacy.

**Psychic Readings.** Gaining information about a person with an emphasis on astral experience and usually done with assistance from an astral being, such as a spirit guide. Remote readings from a psychic might use a photograph from the past to learn about the person now, one of many contrasts to the approach of Skilled Empath Merge.

**Remote Empath Merge.** Using a technique for Skilled Empath Merge in combination with a Discovery Image in order to learn about a person at the time of that image.

**Research Tool.** Part of an empath's body that is repurposed for flow-through with consciousness. Combined with a dedicated technique for Skilled Empath Merge, that component of the mind-body-spirit system becomes a launching device to fly in spirit.

**Self-Authority.** Acknowledging what is true for you, here and now. Self-authority comes from many sources: How you feel emotionally, responses of your physical body, worldly wisdom,

common sense, intuitive hunches, and paying attention to what people literally say and do. Ultimately self-authority is a kind of honesty.

**Sense of Identity.** A workable, conscious, appropriate set of concepts and feelings about being oneself, an individual.

**Sequencing.** How to combine the various skills sets that a person has acquired. What will be said and done, in which order?

**Shallow up!** Stop going deeper into experience or slip-sliding into unskilled empath merge. Position consciousness back at the surface of life, human frequencies of objective and subjective reality.

**Skilled Empath Merge.** Using a technique to fly in spirit on purpose. The empath knows what is being done. Also an effective way to do it. While having that experience, the empath is protected energetically, emotionally, physically, every which way.

**STUFF.** Stored emotional and energetic debris at the psychic level, astral confusions that impact the subconscious mind.

**Unskilled Empath Merge.** Repeated daily experience for anyone with empath talent who has not yet developed skill. This type of empath merge detracts from sense of identity, emotional stability, and having a healthy aura. Each unskilled empath merge causes the empath to take on subconscious-level problems in the form of Imported STUFF.

**Your Consciousness Elevator.** While in the depths of Skilled Empath Merge, the empath uses an effortless technique to locate extra information.



