

Empath Empowerment® Books Are Life-Changing Books

Hello Rose! [Reading your blogpost about this series of books](#) just reminded me of the incredible depth and breadth of Energy Spirituality®, and it is awe-inspiring!

I first came to discover Energy Spirituality through your book, “Empath Empowerment in 30 Days.” Reading this blogpost, I’m reminded of just how much I love the Empath Empowerment Series and how much I’ve learned from these books!

Reading John’s book review on Amazon, I’m reminded of just how “life-changing” becoming a Skilled Empath was for me too.

I loved this part of John’s review: “From the very beginning, her witty, funny, caring, and helpful words touched my heart in a way no other author ever has.” I couldn’t agree more, and I couldn’t have put it better myself!

Thank you for the suggestion in this blogpost to reread Book 1 “every year or so, due to the built-in layers of understanding available.” It’s a wonderful reminder, as I have not re-read it recently. **I have read Book 1 around 4-5 times over the years, and every time there is more to learn, more to add to my understanding!**

Thank you also for including the “behind-the-scenes” story of how Book 2 “The Empowered Empath- Quick & Easy” came to be. I appreciated learning this bit also:

“Turns out, the sketched-out learning in Book 2 provides a new foundation, one for advanced learning. Then, Book 3 will take that learning much further.”

What an amazing design for learning in stages. Thank you for this inspiring blogpost, Rose!

- Aria