

## Book Supplement

### Aura Reading Through All Your Senses

## Book Review

Very occasionally a book comes along that tells you the truth about a subject, with no hidden agenda (always kill the Buddha by the side of the road), and puts things in simple, straightforward language that even the rankest beginner can understand, without in any way being condescending. "Aura Reading Through All Your Senses", by Rose Rosetree is one of those rare books.

Rose Rosetree (Don't you just love that name? I wish I had it.) is a wonder. In less than 300 pages, she has managed to pack just about all the information a beginner needs, not just to see auras (without the use of fancy photographic equipment like the Photometer 3000), but to use all his/her subtle senses, including the all-important sixth one, to feel them, hear the vibrations they give off, and read and understand their messages.

More than this, she encourages the reader to trust his/her own experiences and perceptions (an encouragement not often encountered in how-to books), gives the most complete, least confusing explanation of the chakras and how they work that I've ever seen, and discusses such techniques as toning, aromatherapy, and utilizing the energy of crystals to enhance aura readings, all in a down-to-earth, practical manner.

Although obviously aimed at the beginner, the book contains enough new insights, background information, and infrequently discussed sub-topics (for instance, use of the aura rub auric massage) to keep even the best read and most adept practitioner interested and happy.

And speaking of happy, "Aura Reading Through All Your Senses" also contains something I wish I saw more of in instructional books -- a sense of humor. Rosetree, while quite clearly taking herself and her topic seriously, has a sharp wit and a strong sense of the absurd, tart but never biting, sardonic but never hurtful, which is no mean feat. She knows perfectly well that skeptics as well as seekers will be reading her book, and her answers to their hypothetical questions are nothing short of hilarious, while never veering away from the idea at hand. Best of all, she has no qualms about using her not unpleasantly acid tongue in regard to herself, something more writers in all genres would do well to emulate.

A clear, concise, enjoyable, readable, comprehensive, informative and humorous book on auras, "Aura Reading Through All Your Senses" belongs in the permanent library of anybody even nominally curious about the subject. Rose Rosetree has taken a difficult area of expertise and written a book that makes it all simple -- though not easy, if you see the distinction -- and done so with a style and flair that will be the envy of many writers, including this one.

You've heard this line before, no doubt, and in this case it certainly applies: If you only read one book about auras this year (or lifetime), it ought to be Aura Reading Through All Your Senses. It is such a delight that I wish I had written it myself, and I can hand out no higher praise than that. Check out my aura if you don't believe me.

-- Lightworks Magazine